

## MIKE CARR KARATE 2016 - 2017 CLASS SCHEDULE - ALL LOCATIONS

CLASS DAY	CLASS TIME	CLASS DESCRIPTION	LOCATION	INSTRUCTOR	ASSISTANT 1	ASSISTANT 2
MONDAY	4:30 - 5:00	NOBLE NINJA KARATE	NORTHERN ARTS	JAMIE CUMMINGS		
MONDAY	5:15 - 6:00	BEGINNER/INTERMEDIATE	NORTHERN ARTS	JAMIE CUMMINGS		
MONDAY	6:00 - 6:45	INTERMEDIATE/ADVANCED	NORTHERN ARTS	JAMIE CUMMINGS		
MONDAY	5:15 - 6:00	BEGINNER/INTERMEDIATE	NANS - NEW GARDEN	KATIE PEREZ		
MONDAY	6:00 - 6:45	INTERMEDIATE/ADVANCED	NANS - NEW GARDEN	KATIE PEREZ		
TUESDAY	3:45 - 4:30	BEGINNER/INTERMEDIATE	NORTHERN ARTS	JAMIE CUMMINGS		
TUESDAY	4:30 - 5:15	ALL LEVELS CLASS	NORTHERN ARTS	JAMIE CUMMINGS		
TUESDAY	5:15 - 6:00	ALL GIRLS - ALL LEVELS	NORTHERN ARTS	JAMIE CUMMINGS		
TUESDAY	6:00 - 6:45	ALL LEVELS CLASS	NORTHERN ARTS	JAMIE CUMMINGS		
TUESDAY	7:00 - 8:00	MMA CLASS	NORTHERN ARTS	JAMIE CUMMINGS		XXXXXXXXXXXXXXXXXX
WEDNESDAY	4:30 - 5:15	BEGINNER/INTERMEDIATE	NORTHERN ARTS	JAMIE CUMMINGS		XXXXXXXXXXXXXXXXXX
WEDNESDAY	5:15 - 6:00	ALL GIRLS - ALL LEVELS	NORTHERN ARTS	JAMIE CUMMINGS		XXXXXXXXXXXXXXXXXX
WEDNESDAY	6:00 - 6:45	BLACK BELT ACADEMY	NORTHERN ARTS	JAMIE CUMMINGS	MIKE HOOPER	XXXXXXXXXXXXXXXXXX
WEDNESDAY	6:45 - 7:30	INTERMEDIATE/ADVANCED	NORTHERN ARTS	JAMIE CUMMINGS	MIKE HOOPER	XXXXXXXXXXXXXXXXXX
WEDNESDAY	7:30 - 8:30	ADULT KENPO BEGINNER CLASS	NORTHERN ARTS	JAMIE CUMMINGS	XXXXXXXXXXXXXXXXXX	XXXXXXXXXXXXXXXXXX
WEDNESDAY	5:15 - 6:00	ALL LEVELS CLASS	NANS - NEW GARDEN	KATIE PEREZ		
WEDNESDAY	6:00 - 6:45	ALL GIRLS - ALL LEVELS	NANS - NEW GARDEN	KATIE PEREZ		
THURSDAY	5:00 - 5:45	BEGINNER/INTERMEDIATE	MC DANCE CO	DALTON WILSON		XXXXXXXXXXXXXXXXXX
THURSDAY	6:30 - 7:15	BEGINNER/INTERMEDIATE	FOREST OAKS	DALTON WILSON		ROBERT CHEEK
THURSDAY	7:15 - 8:00	INTERMEDIATE/ADVANCED	FOREST OAKS	DALTON WILSON		ROBERT CHEEK
SATURDAY	9:00 - 9:45	ALL LEVELS CLASS	NORTHERN ARTS	JAMIE CUMMINGS		XXXXXXXXXXXXXXXXXX
ASSISTANTS:						
TEHYA RAMEY						
JENNA THARRINGTON						
TAYLOR CUMMINGS						
BEN LIEBKEMANN						
PAIGE						
JACK QUINTANA						
MIKE HOOPER						