

NORTHERN ARTS STUDIO – 2018 / 2019 CLASS SCHEDULE

9 MONTH CLASSES – PLEASE CHOOSE THE CLASS OPTION FOR YOUR CHILD’S BELT RANK!

Class	Class Day/Time	Monthly Rate	Inst	Yearly Total
Karate – Nobel Ninja (Special Needs Program) – All Levels	Monday 4:00pm – 4:30pm	\$55.00	MCK	\$495.00
Karate – Beginner/Intermediate Class (White – Purple Belts)	Monday 4:45pm – 5:30pm	\$60.00	MCK	\$540.00
Karate – Intermediate/Advanced Class (Blue – Red Belts)	Monday 5:30pm – 6:15pm	\$60.00	MCK	\$540.00
Karate – Senior Belt Academy (Interim & Jr Black Belts)	Monday 6:15pm – 7:00pm	\$60.00	MCK	\$540.00
Karate – Youth MMA (Ages 8-13)	Monday 7:00pm – 8:00pm	\$70.00	MCK	\$630.00
Karate – Beginner/Intermediate Class (White – Purple Belts)	Tuesday 3:45pm – 4:30pm	\$60.00	MCK	\$540.00
Karate – All Level Class * (White – Brown Belts)	Tuesday 4:30pm – 5:15pm	\$60.00	MCK	\$540.00
Karate – All Girls Class (All Levels)	Tuesday 5:15pm – 6:00pm	\$60.00	MCK	\$540.00
Karate – All Level Class * (White – Brown Belts)	Tuesday 6:00pm – 6:45pm	\$60.00	MCK	\$540.00
Karate – Adv Black Belt Academy (Brown – Int. Black Belts Only)	Tuesday 6:45pm – 7:30pm	\$60.00	MCK	\$540.00
Karate – MMA Fit (Ages 14 +)	Tuesday 7:30pm – 8:30pm	\$70.00	MCK	\$630.00
Karate – Beginner/Intermediate Class (White – Purple Belts)	Wednesday 3:45pm – 4:30pm	\$60.00	MCK	\$540.00
Karate – Beginner Little Ninjas (Ages 3-6)	Wednesday 4:30pm – 5:00pm	\$55.00	MCK	\$495.00
Karate – Intermediate/Advanced Class (Blue – Red Belts)	Wednesday 5:00pm – 5:45pm	\$60.00	MCK	\$540.00
Karate – All Girls Class (All Levels)	Wednesday 5:45pm – 6:30pm	\$60.00	MCK	\$540.00
Karate – Black Belt Academy (Blue - Red Belts Only)	Wednesday 6:30pm – 7:15pm	\$60.00	MCK	\$540.00
Karate – Adult Kenpo Beginner/Intermediate Class – All Level	Wednesday 7:15pm – 8:00pm	\$60.00	MCK	\$540.00
UNIFORM IS REQUIRED FOR ALL MIKE CARR KARATE CLASSES -- \$45.00 UNIFORM FEE (KARATE PANTS/T-SHIRT)				
Creative Movement Dance Class (Ages 2 ½ - 4)	Thursday 4:30pm – 5:00pm	\$50.00	SESD	\$450.00
Ballet/Tap/Jazz 1 (Ages 6 – 7)	Thursday 5:00pm – 6:00pm	\$55.00	SESD	\$495.00
Foundations – B/T/J (Ages 4-6)	Thursday 6:00pm – 6:45pm	\$52.00	SESD	\$468.00
Ballet/Tap/Jazz 2 (Ages 8+)	Thursday 6:45pm – 7:45pm	\$55.00	SESD	\$495.00
Hip Hop Dance (Ages 7+)	Thursday 7:45pm – 8:30pm	\$52.00	SESD	\$468.00
Praise Contemporary Dance (Ages 8-65) Youth & Adult	Thursday 8:30pm – 9:15pm	\$52.00	SESD	\$468.00
SPECIFIC ATTIRE REQUIRED FOR EACH DANCE CLASS				
Tumblebees – Beginner/Intermediate Tumbling (Ages 4-5)	Friday – 3:15pm – 4:00pm	\$60.00	TB	\$540.00
Tumblebees – Beginner/Intermediate Tumbling (Ages 6-7)	Friday – 4:00pm – 5:00pm	\$65.00	TB	\$585.00
Tumblebees – Beginner/Intermediate Tumbling (Ages 8-12)	Friday – 5:00pm – 6:00pm	\$65.00	TB	\$585.00
Tumblebees – Beginner/Intermediate Tumbling (Ages 5-8)	Friday – 6:00pm – 7:00pm	\$65.00	TB	\$585.00
TUMBLEBEES CLASSES REQUIRE GYM CLOTHES				
ALL CLASSES HAVE A REGISTRATION FEE OF \$45.00 PER FAMILY				

ENROLLMENT CONTRACT IS FOR 9 MONTHS WITH A 3 MONTH MINIMUM FINANCIAL COMMITMENT PLUS EARLY WITHDRAW PENALTY

NORTHERN ARTS / MIKE CARR KARATE WEEKLY CLASS SCHEDULE 2018-2019 SESSION

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:45PM		KENPO KARATE	KENPO KARATE		TUMBLEBEES AGES 4 - 5 3:15PM - 4:00PM	PRIVATE LESSONS BY APPOINTMENT
4:00PM	NOBLE NINJA	BEGINNER/INTER	BEGINNER/INTER		TUMBLEBEES	
4:15PM	4:00PM - 4:30PM	3:45PM - 4:30PM	3:45PM - 4:30PM		TUMBLING	
4:30PM		KENPO KARATE	KENPO KARATE	CREATIVE MOVES	AGES 6 - 7	
4:45PM	KENPO KARATE	ALL LEVEL *	LITTLE NINJA 3-6	AGES 2 - 4	4:00PM - 5:00PM	
5:00PM	BEGINNER/INTER	4:30PM - 5:15PM	4:30PM - 5:00PM	4:30PM - 5:00PM	TUMBLEBEES	
5:15PM	4:45PM - 5:30PM	KENPO KARATE	KENPO KARATE	BALLET/TAP/JAZZ 1	TUMBLING	
5:30PM	KENPO KARATE	ALL GIRLS	INTER/ADVANCE	AGES 6 - 7	AGES 8 - 12	
5:45PM	INTER/ADVANCE	5:15PM - 6:00PM	5:00PM - 5:45PM	5:00PM - 6:00PM	5:00PM - 6:00PM	
6:00PM	5:30PM - 6:15PM	KENPO KARATE	KENPO KARATE	FOUNDATIONS	TUMBLEBEES	
6:15PM	SENIOR BELT	ALL LEVEL *	ALL GIRLS	B/T/J - AGES 4 - 6	TUMBLING	
6:30PM	ACADEMY	6:00PM - 6:45PM	5:45PM - 6:30PM	6:00PM - 6:45PM	AGES 5 - 8	
6:45PM	6:15PM - 7:00PM	ADVANCE BLACK BELT	KENPO KARATE BLACK BELT	BALLET/TAP/JAZZ 2	6:00PM - 7:00PM	
7:00PM	YOUTH MMA	ACADEMY	ACADEMY	AGES 7 +		
7:15PM	AGES 8 - 13	6:45PM - 7:30PM	6:30PM - 7:15PM	6:45PM - 7:45PM		
7:30PM	7:00PM - 8:00PM	ADULT / TEEN	ADULT KENPO	HIP HOP- AGES 7+		
7:45PM		MMA FIT CLASS	KARATE	7:45PM - 8:30PM		
8:00PM		7:30PM - 8:30PM	7:15PM - 8:30PM	PRAISE DANCE CONTEMPORARY AGES 8 - 65		
8:15PM				8:30PM - 9:15PM		



GREEN: MIKE CARR KARATE PROGRAM FOR YOUTH – AGES 3 – 13

PURPLE: DANCE PROGRAM TAUGHT BY SOUTHEAST SCHOOL OF DANCE

YELLOW: MIKE CARR KARATE PROGRAM FOR TEEN/ADULT
KENPO KARATE CLASSES ARE FOR BOY & GIRLS AGES 3+

BLUE: TUMBLING PROGRAM TAUGHT BY TUMBLEBEES