



# NORTHERN ARTS SCHEDULE - 2016 - 2017 SEASON



HOME OF MIKE CARR KARATE!

	Mon	Tues	Wed	Thur	Fri	Sat
8 am	<b>OPEN ENROLLMENT! INFO@NORTHERNARTSSTUDIO.COM / 336-681-3255</b> <b>ALL CLASSES MUST BE REGISTERED FOR IN ADVANCE - PLEASE CALL OFFICE OR EMAIL US TO REGISTER</b>					
:15						
:30						
:45						
9 am						<b>KARATE</b> <b>BEGINNER / INTER</b> <b>9:00 - 9:45</b>
:15						
:30						
:45			<b>WHOLE BODY</b> <b>WOMENS FITNESS</b> <b>CLASS</b> <b>9:30 - 10:30</b> <b>6 WEEK SESSIONS</b>			
10 am						<b>ART CLASS</b> <b>AGES 6 - 12</b> <b>W/ AMY PORTER</b> <b>12 WEEK SESSIONS</b> <b>10:30PM - 12:00PM</b>
:15						
:30						
:45						
11 am						
:15						
:30						
:45						
12 PM						
:15						
:30						
:45						
1 PM						<b>RESERVED</b>  <b>FOR</b>  <b>EVENTS</b>  <b>BIRTHDAY</b> <b>PARTIES</b>  <b>PRIVATE</b> <b>LESSONS</b>  <b>ETC</b>
:15						
:30						
:45						
2 PM						
:15						
:30						
:45						
3 PM						
:15						
:30						
:45						
4 PM		<b>KENPO KARATE</b> <b>BEGINNER/INTER</b> <b>3:45 - 4:30</b>		<b>BALLET/TAP</b> <b>&amp; TUMBLE AGE 5-6</b> <b>4:00 - 4:45</b>	<b>TUMBLEBEES</b> <b>TUMBLING CLASS</b> <b>AGE 5 - 7</b> <b>4:00PM - 5:00PM</b>	
:15						
:30	<b>KENPO KARATE</b> <b>NOBLE NINJAS</b> <b>4:30 - 5:00</b>	<b>KENPO KARATE</b> <b>ALL LEVELS</b> <b>4:30 - 5:15</b>		<b>BALLET/TAP</b> <b>&amp; TUMBLE AGES 3-</b> <b>4:45 - 5:30</b>	<b>TUMBLEBEES</b> <b>BEGINNER/INTER</b> <b>TUMBLING CLASS</b> <b>AGE 6 - 11 **</b> <b>5:00PM - 6:00PM</b>	
:45						
5 PM			<b>KENPO KARATE</b> <b>ALL GIRLS</b> <b>5:15 - 6:00</b>	<b>BALLET/TAP</b> <b>JAZZ</b> <b>AGES 7-9</b> <b>5:30 - 6:30</b>		
:15						
:30	<b>KENPO KARATE</b> <b>BEGINNER/INTER</b> <b>5:15 - 6:00</b>	<b>KENPO KARATE</b> <b>ALL GIRLS-BEG/INT</b> <b>5:15 - 6:00</b>	<b>KENPO KARATE</b> <b>ALL LEVELS</b> <b>6:00 - 6:45</b>	<b>BALLET/TAP</b> <b>&amp; TUMBLE AGES 5-</b> <b>6:30 - 7:15</b>	<b>ADULT</b> <b>CANVAS</b> <b>PAINTING</b> <b>1X A MONTH</b> <b>6:30PM - 8:30PM</b> <b>CHECK FACEBOOK</b> <b>FOR SCHEDULE</b>	
:45						
6 PM						
:15						
:30						
:45						
7 PM		<b>MMA FIT</b> <b>AGES 12 +</b> <b>7:00 - 8:00</b>	<b>KENPO KARATE</b> <b>ALL LEVELS</b> <b>6:45 - 7:30</b>	<b>HIP HOP</b> <b>&amp; JAZZ</b> <b>AGES 7 - 12</b> <b>7:15 - 8:15</b>		
:15						
:30						
:45						
8 PM			<b>KENPO KARATE</b> <b>ADULT CLASS</b> <b>7:30 - 8:30</b>			
:15						
:30						
:45						

\*\* Depends on Skill Level