



# NORTHERN ARTS SCHEDULE - 2016 - 2017 SEASON



HOME OF MIKE CARR KARATE!

	Mon	Tues	Wed	Thur	Fri	Sat
<b>8 am</b>	OPEN ENROLLMENT! <a href="mailto:INFO@NORTHERNARTSSTUDIO.COM">INFO@NORTHERNARTSSTUDIO.COM</a> / 336-681-3255					
<b>:15</b>	OPEN ENROLLMENT! <a href="mailto:INFO@NORTHERNARTSSTUDIO.COM">INFO@NORTHERNARTSSTUDIO.COM</a> / 336-681-3255					
<b>:30</b>	ALL CLASSES MUST BE REGISTERED FOR IN ADVANCE - PLEASE CALL OFFICE OR EMAIL US TO REGISTER					
<b>:45</b>						
<b>9 am</b>						KARATE
<b>:15</b>						BEGINNER / INTER
<b>:30</b>			WHOLE BODY			9:00 - 9:45
<b>:45</b>			WOMENS FITNESS			
<b>10 am</b>			CLASS			
<b>:15</b>			9:30 - 10:30			
<b>:30</b>			6 WEEK SESSIONS			ART CLASS
<b>:45</b>						AGES 6 - 12
<b>11 am</b>						W/ AMY PORTER
<b>:15</b>						12 WEEK SESSIONS
<b>:30</b>						10:30PM - 12:00PM
<b>:45</b>						
<b>12 PM</b>						
<b>:15</b>						
<b>:30</b>						
<b>:45</b>						
<b>1 PM</b>						RESERVED
<b>:15</b>						FOR
<b>:30</b>						EVENTS
<b>:45</b>						BIRTHDAY PARTIES
<b>2 PM</b>						PRIVATE LESSONS
<b>:15</b>						ETC
<b>:30</b>						
<b>:45</b>						
<b>3 PM</b>						
<b>:15</b>						
<b>:30</b>						
<b>:45</b>		KENPO KARATE				
<b>4 PM</b>		BEGINNER/INTER		BALLET/TAP		
<b>:15</b>		3:45 - 4:30		& TUMBLE AGE 5-6	TUMBLEBEES	
<b>:30</b>	KENPO KARATE	KENPO KARATE		4:00 - 4:45	TUMBLING CLASS	
<b>:45</b>	NOBLE NINJAS	ALL LEVELS		BALLET/TAP	AGE 5 - 7	
<b>5 PM</b>	4:30 - 5:00	4:30 - 5:15		& TUMBLE AGES 3-	4:00PM - 5:00PM	
<b>:15</b>	KENPO KARATE	KENPO KARATE	KENPO KARATE	4:45 - 5:30	TUMBLEBEES	
<b>:30</b>	BEGINNER/INTER	ALL GIRLS-BEG/INT	ALL GIRLS	BALLET/TAP	BEGINNER/INTER	
<b>:45</b>	5:15 - 6:00	5:15 - 6:00	5:15 - 6:00	JAZZ	TUMBLING CLASS	
<b>6 PM</b>	KENPO KARATE	KENPO KARATE	KENPO KARATE	AGES 7-9	AGE 6 - 11 **	
<b>:15</b>	INTERMEDIATE/ADV	ALL LEVELS	BLACK BELT	5:30 - 6:30	5:00PM - 6:00PM	
<b>:30</b>	6:00 - 6:45	6:00 - 6:45	ACADEMY	BALLET/TAP		
<b>:45</b>		XXXXXXXXXXXXX	6:00 - 6:45	& TUMBLE AGES 5-	ADULT	
<b>7 PM</b>		MMA FIT	KENPO KARATE	6:30 - 7:15	CANVAS	
<b>:15</b>		AGES 12 +	ALL LEVELS	HIP HOP	PAINTING	
<b>:30</b>		7:00 - 8:00	6:45 - 7:30	& JAZZ	1X A MONTH	
<b>:45</b>			KENPO KARATE	AGES 7 - 12	6:30PM - 8:30PM	
<b>8 PM</b>			ADULT CLASS	7:15 - 8:15	CHECK FACEBOOK	
<b>:15</b>			7:30 - 8:30		FOR SCHEDULE	
<b>:30</b>						
<b>:45</b>						
						** Depends on Skill Level